

www.helsinginklubitalo.org

The Clubhouse is an equal community formed by members and staff.

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The Clubhouse provides opportunities for education and employment.

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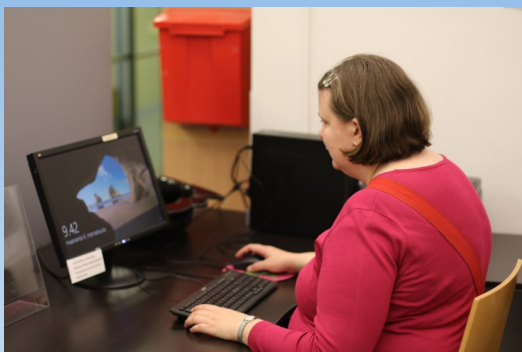
The Clubhouse values the strengths of its members.

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Participation is voluntary.

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The Clubhouse enables access to a part-time and temporary employment programs.



www.helsinginklubitalo.org

MORE INFORMATION:

www.helsinginklubitalo.org

www.eskot.org

www.suomenklubitalot.fi

www.clubhouse-intl.org

www.clubhouse-europe.org

WELCOME!

Book Your appointment and come to build Your future!

Tel. 09—7288 5512

www.helsinginklubitalo.org

We are open

Monday—Friday 8:00—16:00

Helsingin Klubitalo, Hämeentie 54, 00500 HELSINKI

e-mail: hallinto@helsinginklubitalo.org

Tel: 09—7288 550

www.helsinginklubitalo.org



Facebook: Helsingin Klubitalo



Instagram: @helsinginklubitalo



**Etelä-Suomen Klubitalot
ESKOT ry**

HELSINKI CLUBHOUSE

OUR DREAM:

People recovering from mental illness can fulfill their goals and are appreciated as colleagues, neighbors and friends.

Founded 1997

www.helsinginklubitalo.org

Helsinki



Open Monday—Friday 8.00—16.00

Helsinki Clubhouse is for working aged people from Helsinki, who has a history with mental illness.

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Members work by their own resources and interests.

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Membership is free.

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Participants have an impact on Clubhouse activities and personal rehabilitation.



Helsinki Clubhouse follows international Clubhouse model.

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The first Clubhouse was found in New York 1948. Nowadays there are hundreds of Clubhouses all around the world and 23 in Finland.

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Helsinki Clubhouse is an international training base.

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Helsinki Clubhouse is an independent community. Etelä-Suomen Klubitalot ESKOT ry maintains the community.

Member's basic rights are based on the Clubhouse Standards.

They work also as ethical guidelines for the whole Clubhouse community.

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You are welcome just as You are.

